

TRIALS TRAINING DAYS SCHEDULE

Instructors/Demonstrators:

Dale Malasek and Chris Florin (GasGas), Ryan Young, Louise Forsley, Brad Baumert and David Chavez (Sherco), Bruce LeRiche (Sherco & TTC), Martin Belair & Dominic Sileo (Montesa), Charlie Roberts, Al Bechard, and Steve Glinski (TTC), Doug McIntosh, Ian Geisen & Josh Martin (STRA)

Rider Training:	Limit of 12 people per session group. Note that this year many topics have variations (ex = ledges), so you can sign up several times. Most topics will be offered 2-4X per day. Sign up Required. 75 Minutes each Session.
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Note to Novice Riders and Beginning Riders! Dale Malasek will be directing a special session especially for new or beginning riders. Riders at the Novice or Intermediate level who are not beginners should sign up for the Basics sessions 1 & 2, then move on to more advanced sessions at your choosing (suggest hills, camber turns, logs). Ian Geisen will direct a special session just for kids.

Special sessions: The bicycle trials sessions on Saturday afternoon only. The adventure ride tour of the far reaches of TTC with owner Dan Brown will be in the final session on Sunday afternoon only. The special suspension setup workshop will be Saturday evening after the BBQ. Bike setup & maintenance at the Sherco Pitstop for ALL riders on ALL BRANDS!

- TRAINING TOPICS -

Novice/Beginner Special (all day)	Ledges: Zaps
The Basics – Steering with your feet (Sat AM)	Ledges: Splatters
The Basics – basic obstacles (Sat AM)	Hills: climbs and descents
Log Crossings	Hills: camber turns
Hop ‘til you drop	Section Strategy & the Art of War: Competition skills
Making Traction	Difficult Turns, Floaters and Point Takers
The Scottish (rocky creek bed)	Sherco Pitstop
Ledges: ups & downs (sloping faces and drops)	Just for kids
Ledges: Basic Ledges	Bicycle Trials Skills (Saturday afternoon only)
Suspension Setup Workshop (Sat night only)	Adventure Tour (Sunday 3:15 only)

Schedule Information

Fri:	5-7 pm	Late Signup and Instructor Orientation			
Sat:	8:30-9	Welcome to TTC	Sun:	8:30-9	Warm-up
	9-10:15	Session 1		9-10:15	Session 5
	10:30-11:45	Session 2		10:30-11:45	Session 6
	11:45-12:45	Lunch		11:45-12:45	Lunch
	12:45-13:30	Champ Showoff		12:45-13:30	Champ Showoff
	13:45-15:00	Session 3		13:45-15:00	Session 7
	15:15-16:30	Session 4		15:15-16:30	Session 8
	17:30-18:30	BBQ Dinner		16:30 -	Open Practice
	18:30-19:30	Evening Session		Monday	Open Practice