

Trials Training Days 2005

Session	Sat. 3/19	Novice / Beginner Special	The Basics	Log Crossings	Hop 'til you drop	Making Traction	The Scottish (rocky creek)	Ledges I	Ledges II	Hills & Cambers	Section Strategy & The Art of War	Difficult Turns, Floaters & Point Takers	Sherco Pitstop	Other
Instructor (tentative)		Dale Malasek	Charlie Roberts & Steve Glinski	David Chavez & Al Bechard	David Chavez & Al Bechard	Martin Belair	Martin Belair	Chris Florin	Bruce LeRiche	Roberts & Glinski	Ryan Young	Ryan Young	Brad Baumert	
1	9:00 - 10:15	meet at pavillion	Steering with your feet					ups & downs	Basic Ledges					young riders special with Ian Geisen
2	10:30 - 11:45		Basic obstacles					ups & downs	Basic Ledges					young riders special with Ian Geisen
12:00 - 1:30		Lunch Break												
3	1:45 - 3:00							Zaps	Basic Ledges	hills				Bicycle Trials Skills w/ Mike Friddell
4	3:15 - 4:30							Zaps	Basic Ledges	camber turns				Bicycle Trials Skills w/ Mike Friddell
5:30 - 6:30		BBQ Dinner, Sponsored by GasGas USA												
6:30 - 7:30		Suspension Setup Workshop												
8:00 - until?		Campfire, lie-telling and general nonsense												
Session	Sun. 3/20	Novice / Beginner Special	The Basics	Log Crossings	Hop 'til you drop	Making Traction	The Scottish (rocky creek)	Ledges	Ledges II	Hills & Cambers	Section Strategy & The Art of War	Difficult Turns, Floaters & Point Takers	Sherco Pitstop	Other
Instructor (tentative)		Dale Malasek		Bruce LeRiche	Bruce LeRiche	Ryan Young	Ryan Young	Chris Florin	Louise Forsley	David Chavez	Martin Belair	Martin Belair	Brad Baumert	
5	9:00 - 10:15							ups & downs	Basic Ledges	hills				young riders special with Ian Geisen
6	10:30 - 11:45							ups & downs	Basic Ledges	camber turns				young riders special with Ian Geisen
12:00 - 1:30		Lunch Break												
7	1:45 - 3:00							Splatters	Basic Ledges	hills				young riders special with Ian Geisen
8	3:15 - 4:30							Splatters	Basic Ledges	camber turns				Adventure Ride (waterfalls tour) with Dan Brown Meet at Pavillion