



Sawmill Creek

- Trials Training Days 2024**  
**March 16/17**
1. Log Crossings and Hop 'til you drop
  2. The Basics
  3. Ledges
  4. Hills: climbs and descents cambers
  5. Section Strategy & Difficult Turns, Floaters
  6. Making Traction
  7. Refining Your Style/Focus on Details
  8. Scottish Rocky Creek



Lampkin Falls

Jeep Rd

5

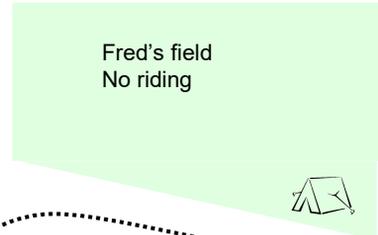


Bilbao Falls



Jeep Rd

7



Fred's field  
No riding

1



8

Drywater Creek

3

6



2

4

Sawmill Creek