

## 2020 Trials Training Days - Schedule

Please note that all times are CENTRAL

### FRIDAY NIGHT:

6:00 – 8:00pm Early Bird Rider Check in and Session sign up – Pavilion  
6:00 – 8:00pm “Drop-In” Instructor Meet & Greet – Pavilion

### SATURDAY:

7:30-8:30am Rider Check in and Session sign up - Pavilion  
8:30am Riders Meeting - Pavilion  
9:00-10:15 Session 1  
10:30-11:45 Session 2  
12:00-1:30 LUNCH - Concessions at Pavilion  
Grab your lunch from the pavilion and meet us at the playground to see the “Best Wheelie” Judged by a panel of 3 (Prize to winner).  
1:45-3:00 Session 3  
3:15-4:30 Session 4  
5:00pm Meet us at the Playground the “Best/Longest Nose Wheelie Competition”. Judged by a panel of 3 (Prize to winner).  
6:00pm Become a better rider through Conditioning, Nutrition and Exercise - Discussion and Kettlebells with Danny Trainer

### SUNDAY:

8:30am Rider Meeting - Pavilion  
9:00-10:15 Session 1  
10:30-11:45 Session 2  
12:00-1:30 LUNCH - Concessions at Pavilion  
Again, grab your lunch at the pavilion then come to the playground for “Best Trick Competition”. Judged by a panel of 3 (Prize to winner).  
1:45-3:00 Session 3  
3:15-4:30 Session 4

\* ‘Beginners and True Novice’ and ‘Beauty and the Bike’ can each train as a group on both days 9:00am - 4:30pm