

Trials Training Days

1. Playground – Log Crossings & Hop ‘til you drop. *Bicycle Trials w JJ @ 5pm.*
2. Pavilion – *Beginners, Novices & Adventure Ride. Nutrition w Trainer @ 6pm.*
3. Upper Drive – *Section Strategy & Difficult Turns, Floaters, Point Savers*
4. Y. N. Ledges – *Ledges: Basic & Advanced: Splatters and Zaps*
5. Rocky Creek – *Scottish Rocky Creek*
6. Semi-Trailer – *Kickin’ It with Kylee*
7. Cone Field – *The Basics*
8. Yellow Hillclimb – *Hillclimbs, Descents & Camber Turns*
9. Slippy Creekside – *Making Traction*
10. Right @ 1st Bridge – *Refining Style, Details & Forever 4-stroke*

