



Trials Training Days 2011

March 26/27

1. Log Crossings and Hop 'til you drop
2. The Basics: basic turns; basic obstacles
3. Making Traction & Rocky Creek
4. Hills: climbs and descents cambers
5. Ledges
6. Section Strategy & Difficult Turns, Floaters
7. Adventure Ride (meet at Pavillion)



Lampkin Falls

Sawmill Creek

Jeep Rd

Bilbao Falls



5

Jeep Rd



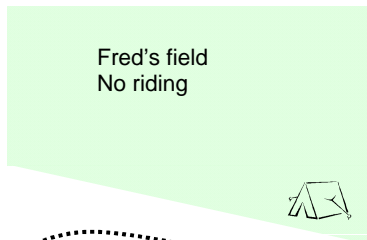
4

Between bridges



3

slippy



Fred's field
No riding

1

logs



Drywater Creek

2

cones

6

Yellow hill

Sawmill Creek

driveway